



CENTER OF EXCELLENCE IN  
PEDIATRIC NEUROSCIENCES  
& DEVELOPMENTAL PEDIATRIC



Cordially invites you to a CME on

REHABILITATION  
PERSPECTIVE



EARLY INTERVENTION IN  
**CEREBRAL  
PALSY**



MAXIMIZING THE NEUROPLASTICITY

March 22 & 23, 2025 | 9th Floor, Auditorium - 1,  
Yashoda Hospitals, Secunderabad

**RSVP**

**Mr. Swamy +91 970 501 9082**

**Mr. Mahesh +91 800 835 9350**

**Conference : ₹ 750/- (Limited Seats: 100)**

**Workshop : ₹ 2500/- (Limited Seats: 30)**

**Conference + Workshop : ₹ 3000/-**

REHABILITATION  
PERSPECTIVE



EARLY INTERVENTION IN

# CEREBRAL PALSY

MAXIMIZING THE NEUROPLASTICITY



March 22, 2025

## PATRON



**Dr. Pavan Gorukanti, MD**  
Pulmonary & Critical Care (ABIM)  
Director - Yashoda Hospitals

## CHIEF GUEST



**Dr. Lingaiah**  
Director - Medical Services  
Yashoda Hospitals

## UNIT HEAD



**Dr. Vijay Kumar**  
Chief Operating Officer  
Yashoda Hospitals, Secunderabad

## ORGANISING SECRETARIES



**Dr. D. Ramesh**  
Head of Department &  
Senior Consultant-Dept.  
of Pediatrics & Neonatology  
Yashoda Hospitals, Secunderabad



**Dr. N. Varsha Monica Reddy**  
Consultant Pediatric Neurologist,  
Neurodevelopmental Pediatrician,  
Pediatrics Sleep Consultant,  
Yashoda Hospitals, Secunderabad



**Dr. G. N. Sumanth**  
Chief Physiotherapist  
Yashoda Hospitals, Secunderabad

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## FACULTY



### Dr. Rakesh Krishna Kovala

Associate Professor & PhD Scholar  
Nitte Institute of Physiotherapy  
NITTE (Deemed to be University),  
Mangalore



### Dr. Ranjith Nellore Mahesh

FIJR (Joint Replacement Surgery)  
FIRKR (Robotic Knee Replacement Surgery)  
Consultant Pediatric Orthopedic Surgeon  
Yashoda Hospitals, Secunderabad



### Dr. Y Sravan Kumar Reddy

MPT Neuro  
Founder Director  
Child Development Center (CDC),  
Madhapur, Hyderabad.



### Dr. Niranjana N

Sr. Consultant Neonatologist,  
Yashoda Hospitals, Secunderabad



### Dr. Rajalakshmi N BASLP

Consultant Speech Language  
Pathologist,  
Yashoda Hospitals, Secunderabad



### Dr. Ananya Paul

Consultant Occupational  
Therapist & Sensory  
Integration Therapist (SIT),  
Yashoda Hospitals, Secunderabad



### Dr. Raghupathi R

Consultant Pediatric intensivist  
& Incharge of PICU  
Yashoda Hospitals, Secunderabad



### Baredy Gangadhar Reddy

Pediatric Psychologist  
Yashoda Hospitals, Secunderabad

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## PROGRAMME SCHEDULE

March 22, 2025 (Saturday)

|                     |              |  |
|---------------------|--------------|--|
| 9:00 am - 9:30 am   | <b>Topic</b> | : <b>Neuromotor Beginnings and Foundation of Movement</b>  |
|                     | Speaker      | : Dr. N. Varsha Monica Reddy (Pediatric Neurologist, Developmental Pediatrician, Pediatric Sleep Consultant) |
| 9:30 am - 10:00 am  | <b>Topic</b> | : <b>Facilitating Early Movements in Infants with CP - Key Strategies</b>                                    |
|                     | Speaker      | : Dr. Rakesh Krishna Kovala (Associate Professor & PhD Scholar, NITTE)                                       |
| 10:00 am - 10:30 am | <b>Topic</b> | : <b>The Power of Play - OT's Role in Motor &amp; Sensory Development for CP</b>                             |
|                     | Speaker      | : Dr. Ananya Paul (Occupational Therapist & Sensory Integration Therapist)                                   |
| 10:30 am - 11:00 am | <b>Topic</b> | : <b>From Babble to Breakthroughs - Early Speech Strategies for CP</b>                                       |
|                     | Speaker      | : Dr. Rajyalakshmi (Speech & Language Specialist)  |
| 11:00 am - 11:15 am |              | : <b>TEA</b>   |
| 11:15 am - 11:45 am | <b>Topic</b> | : <b>From Spasticity to Stability - Orthopedic Approaches in CP Management</b>                               |
|                     | Speaker      | : Dr. Ranjith Nellore (Pediatric Orthopedic Specialist)  |
| 11:45 am - 12:15 pm | <b>Topic</b> | : <b>Innovative Technologies in Early CP Rehabilitation</b>  |
|                     | Speaker      | : Dr. Y Sravan Kumar Reddy (Neuro Physiotherapist)   |

## PANEL DISCUSSION

|                    |              |   |
|--------------------|--------------|---|
| 12:15 pm - 1:00 pm |              | : Teamwork in Motion - The Power of Multidisciplinary Care for CP                           |
|                    | Panelists    | : Dr. Rakesh, Dr. Varsha, Dr. Ranjith, Dr. Niranjana, Dr. Raghupathi, Dr. Sravan, Gangadhar |
| 1:00 pm - 2:00 pm  |              | : <b>LUNCH</b>  |
| 2:00 pm - 2:30 pm  | <b>Topic</b> | : <b>Lifting the Emotional Load - Psychological Well-being in CP</b>                        |
|                    | Speaker      | : Bareddy Gangadhar Reddy (Pediatric Psychologist)  |

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**YASHODA  
HOSPITALS**  
SECUNDERABAD



**MOTHER  
AND CHILD  
INSTITUTE**

NURTURING EARLY MOVEMENTS  
FOR INFANTS WITH  
**CEREBRAL PALSY**  
**HANDS ON WORKSHOP**

March 23, 2025 (Sunday) | 9am - 5pm

**PROGRAMME SCHEDULE**

**Resource Person** : **Dr. RAKESH KRISHNA KOVELA**  
Associate Professor & PhD Scholar, Nitte Institute of Physiotherapy,  
NITTE (Deemed to be University), Mangalore

**WORKSHOP HIGHLIGHTS**

- Understanding early movement development in infants
- Evidence-based physiotherapy treatment strategies for CP
- Promoting functional movement & participation
- Individualized assessment and intervention planning

# CHILD DEVELOPMENT CENTER



*Your commitment with our help,  
can make a difference to your child's life.*

## **Child Development Center**

A comprehensive team of pediatric care specialists for the holistic development of children, all under one roof.

- Pediatric Physiotherapy
- Neurodevelopmental Therapy
- Early Infant Stimulation
- Speech Therapy
- Swallowing and Feeding Therapy
- Occupational Therapy
- Sensory Integration Therapy (SIT)
- Behaviour Modification Therapy
- Applied Behavioural Analysis
- Play Therapy
- Remedial Therapy/Special Education
- Parent & Family Counselling
- Genetic Counselling



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