



Dr. Rukmini Mridula Kandadai

Qualification: DNB, DM (Neurology)

Department: Movement Disorders, Neurology

Designation: Sr. Consultant Neurologist, Clinical Director- PDMDRC (Parkinson's Disease and Movement Disorders Research Centre)

Languages: Telugu, Tamil, Hindi, English

Experience: 25 yrs

About the Doctor

Dr. Rukmini Mridula is a Consultant Neurologist at Yashoda Hospitals, Hitec City.

Educational Qualifications

- 2005 to 2008: D.M Neurology, Nizam's Institute of Medical Sciences, Hyderabad.
- 2001 to 2004: DNB General Medicine, Nizam's Institute of Medical Sciences, Hyderabad.
- 1994 to 1999: MBBS, Kasturba Medical College, Manipal, Karnataka.

Experience

- Feb 2025 to Present: Consultant Neurologist, Yashoda Hospital, Hitech City.
- Aug 2022 to Feb 2025: Consultant Neurologist, City Neuro Centre, Hyderabad.
- Sep 2021 to Aug 2022: Additional Professor, Department of Neurology, Nizam's Institute of Medical Sciences, Punjagutta.
- Aug 2016 to Aug 2021: Associate Professor, Department of Neurology, Nizam's Institute of Medical Sciences, Punjagutta.

Sep 2008 to Aug 2016: Assistant Professor, Department of Neurology, Nizam's Institute of Medical Sciences, Punjagutta.

Services Offered

- Management of Parkinsons Disease
- Deep Brain Stimulation Programming
- Apomorphine infusion
- Botulinum toxin injections
- Treatment of Movement Disorders including Parkinson's plus syndromes, Huntingtons disease, autoimmune, metabolic and genetic movement disorders
- Treatment & Evaluation of Dementia

Awards and Achievements

- Best outgoing lady medical graduate (Late Mrs Muktaben D.Chandrana Prize) in 1998-99 from Kasturba Medical college, Manipal.
- Gold medal in pathology in 1997 from Kasturba Medical College, Manipal

Professional Membership

- Andhra Pradesh Neuroscientists Association
- Indian Academy of Neurology
- International Association of Parkinson's Disease and Related Disorders - Newsletter Committee Member (2019–2021, 2021–2023)
- International Parkinson and Movement Disorders Society -Membership Committee Member (2021-2023), MDS- Asian Oceania section- Underserved committee Member (since 2023)
- Movement Disorders Society of India
- Founder Member & EC Member (2015–2018, 2020–2023)
- Parkinson's Research Alliance of India – Founding Member & Treasurer
- Parkinson's Society Hyderabad – Founding Member & Treasurer

Research & Publications

- Mridula KR, Alladi S, Varma DR, Chaudhuri JR, Jyotsna Y, Borgohain R, Kaul S. Corticobasal syndrome due to a thalamic tuberculoma and focal cortical atrophy. J Neurol Neurosurg Psychiatry. 2008;79:107-108.
- Mridula KR, Alladi S, Varma DR, Chaudhuri JR, Jyotsna Y, Borgohain R, Kaul S. Corticobasal syndrome due to a thalamic tuberculoma and focal cortical atrophy. BMJ Case Rep. 2009;2009. doi:pii: bcr08.2008.0820. 10.1136 / bcr.08.2008.0820. Epub 2009 Feb 2. PMID: 21686613
- Alladi S, Mridula R, Mekala S, Rupela V, Kaul S. Fluent Aphasia in Telugu: A Case Comparison Study of Semantic Dementia and Stroke Aphasia. Indian

Journal of Applied Linguistics. 2009; 36:133-146.

- Boddu DB, Bandaru VCS, Reddy PG, Madhusudan M, Rukmini MK, Suryaprabha T, Jabeen SA, Suvarna A, Jayalakshmi SS, Meena AK, Borgohain R, Kaul S. Predictors of major neurological improvement after intravenous thrombolysis in acute ischemic stroke: a hospital-based study from south India. *Neurol India*. 2010;58:403-406.
- Behari M, Bhattacharyya KB, Borgohain R, Das SK, Ghosh B, Kishore A, Krishnan S, Mridula KR, Muthane U, Pal PK, Sankhla C, Shukla G. Parkinson's disease. *Ann Indian Acad Neurol*. 2011;14(Suppl 1):S2-6.
- Jabeen A, Kandadai RM, Kannikannan MA, Borgohain R. Guidelines for the use of botulinum toxin in movement disorders and spasticity. *Ann Indian Acad Neurol*. 2011 ; 14(Suppl 1):S31-34.
- Alladi S, Mekala S, Chadalawada SK, Jala S, Mridula R, Kaul S. Subtypes of dementia: a study from a memory clinic in India. *Dement Geriatr Cogn Disord*. 2011;32:32-38.
- Kannan MA, Ch RK, Jabeen SA, Mridula KR, Rao P, Borgohain R. Clinical, electrophysiological subtypes and antiganglioside antibodies in childhood Guillain-Barré syndrome. *Neurol India*. 2011;59:727-732.
- Borgohain R, Kandadai RM, Jabeen A, Kannikannan MA. Nonmotor outcomes in Parkinson's disease: is deep brain stimulation better than dopamine replacement therapy? *Ther Adv Neurol Disord*. 2012;5:23-41
- Kothur K, Kaul S, Rammurthi S, Bandaru VC, Suryaprabha SA, Mrudula KR. Use of thrombolytic therapy in cerebral venous sinus thrombosis with ulcerative colitis. *Ann Indian Acad Neurol*. 2012 Jan;15(1):35-8.
- Current Research: Multicentre studies from PRAI -All India Registeries Parkinson's disease, DBS Progressive supranuclear palsy, Multiple system atrophy, Dementia with Lewy bodies, Huntingtons disease, Wilson's disease
- Trials Pharma sponsored in Parkinson's disease, Ataxia telangectasia, Myasthenia Gravis, Tuberous sclerosis