



Dr. I. Rajendra Vara Prasad

Qualification: MD, DM Rheumatology, APLAR Fellowship (UK)

Department: Rheumatology

Designation: Sr.Consultant Rheumatologist

Languages: English, Hindi, Telugu

Experience: 17 yrs

About the Doctor

Dr. I. Rajendra Vara Prasad is a Consultant Rheumatologist at Yashoda Hospitals, Somajiguda.

Educational Qualifications

- June 2013-Nov 2013: APLAR Fellowship, Centre for Rheumatology, University College London, London, UK
- 2008-2011: DM, Nizam's Institute of Medical Sciences (NIMS), Hyderabad
- 2005-2008: MD, Nizam's Institute of Medical Sciences (NIMS), Hyderabad
- 1999-2005: MBBS, Gandhi Medical College, Hyderabad

Experience

- Aug 2017-Present: Consultant Rheumatologist, Yashoda Hospitals, Somajiguda, Hyderabad
- May 2015-Aug 2017: Associate Professor, Department of Rheumatology, NIMS, Hyderabad
- Dec 2011-May 2015: Assistant Professor, Department of Rheumatology, NIMS,

Hyderabad

- 2008: Senior Resident, Department of Rheumatology, NIMS
- Aug 2005-Aug 2008: Junior Resident (MD), Department of Internal Medicine, NIMS, Hyderabad

Services Offered

- Management of Musculoskeletal and Autoimmune Diseases (Adults and Children)

Awards and Achievements

- President, Rheumatology Association Hyderabad Chapter, 2024-2026
- Scientific Committee Chairman, Annual Indian Rheumatology Conference, IRACON 2023
- Associate Editor, Indian Journal of Rheumatology, 2023
- Regular Faculty, Annual Indian Rheumatology Conference, IRACON
- Editor, API & ICP Monograph on "Systemic Lupus Erythematosus and Associated Diseases," 2018-2019
- Associate Editor, API & ICP, "Myositis Monograph," 2018
- Secretary, Indian Rheumatology Association Hyderabad Chapter, 2017-2019
- Scientific Committee Chairman, SZIRACON, May 2017
- Faculty, Musculoskeletal Radiology, NIMS, Feb 2017
- Organizing Secretary, SLE Symposium 2016, NIMS, Sep 2016
- Quiz Master, South-West Zonal National IRACON Quiz for 2014, 2015 and 2016

Professional Membership

- President, Indian Rheumatology Association Hyderabad Chapter
- Member, Indian Rheumatology Association
- Member, The Indian Society for Primary Immune Deficiency
- Member, The Association of Physicians of India
- Member, Indian Medical Association

Research & Publications

- Original Articles
- A study of posterior reversible encephalopathy syndrome in the context of systemic lupus erythematosus. Rajendra Vara Prasad Irlapati, Vnn Prabu, Agrawal Sumeet, Rajasekhar, Liza, Ak Meena, G Narsimulu. J Rheumatol. 2011. Aug;38(8):1607-11. Epub 2011 May 15.
- Infections in rheumatology practice: an experience from NIMS, Hyderabad. Rajendra Vara Prasad Irlapati, Vadivelmurugan Nagasubrani Nagaprabu, Kanchinadam Suresh, Sumeet Agrawal, Narsimulu Gumdal. Indian Journal of

Rheumatology 2011 March, Volume 6, Number 1; pp. 25–30.

- Vasculopathies of Peripheral Arterial Disease: Uncommon Etiologies. Emil J Thachil, IR Vara Prasad, G Narsimulu. Editorial in Journal of the Association of Physicians of India, April 2011, Vol. 59.
- Assessment of long-term remission in lupus nephritis patients: A retrospective analysis over 30 years. Rajendra Vara Prasad Irlapati, Marisa Fernandes das Neves, David Isenberg. Rheumatology Oxford. (Accepted for publication 07/12/14, RHE-14-0659.R2)
- Pulmonary arterial hypertension in SLE may benefit by addition of immunosuppression to vasodilator therapy - an observational study. Sirisha K, Srinivas B, Kishore Babu K V, Srinivasa C, Suresh K, Varaprasad I R, Rajasekhar L. Rheumatology Oxford (RHE-14- 0457.R2 Accepted for publication)
- A comparison of clinical and laboratory profile of non-radiographic axial spondyloarthritis and ankylosing spondylitis. M Gavali, K Konda, L Rajasekhar, PK Devarasetti, RV Irlapati. Indian Journal of Rheumatology 10 (3), 129-132. 7.
- Gavali M, Konda K, Rajasekhar L, Devarasetti PK, Irlapati RV. A comparison of clinical and laboratory profile of non-radiographic axial spondyloarthritis and ankylosing spondylitis. Indian Journal of Rheumatology. 2015 Sep 1;10(3):129-32.
- Outcome of therapy in biopsy proven lupus nephritis with cyclophosphamide or mycophenolate: Registry data from a South Indian Tertiary Care Center. Talari K, Irlapati RV, Uppin M, Rajasekhar L. Indian J Rheumatol [cited 2017 Feb 22].
- Nunna KD, Devarasetti PK, Irlapati RV, Rajasekhar L. Anti-neutrophil cytoplasmic autoantibodies associated vasculitis—Clinical profile and outcomes. Indian Journal of Rheumatology. 2018 Jun 1;13(2):95-100.
- Appani SK, Devarasetti PK, Irlapati RV, Rajasekhar L. Methotrexate achieves major cDAPSA response, and improvement in dactylitis and functional status in psoriatic arthritis. Rheumatology. 2019 May 1;58(5):869-73.
- Devarasetti PK, Irlapati RV, Rajasekhar L. Pentraxin 3 is better than conventional inflammatory markers for disease activity assessment in takayasu arteritis. Indian Journal of Rheumatology. 2019 Mar 1;14(1):21-7.
- Case Reports
- Stenotrophomonas maltophilia: A very rare cause of tropical pyomyositis. Thomas J, Prabhu VN, Varaprasad IR, Agrawal S, Narsimulu G. Int J Rheum Dis. 2010 Feb 1;13(1):89-90
- Unusual cause of osteomalacia. Jagannath Rao, IR Varaprasad, L Rajasekhar, T Gangadhar, C Sundaram, G Narsimulu, SV Venkatratnam. PG Forum, Indian Journal of Rheumatology, June 2010, Volume 5, Number 2; pp. 93–94.
- Chronic recurrent multifocal osteomyelitis complicated by hip subluxation: a case report. Sirisha K, Keerthi T, Habibi S, Varaprasad IR, Jyotsna Rani Y, Narendranath L, Rajasekhar L. Int J Rheum Dis. 2014 Aug 15. Doi: 10.1111/1756-185X.12436.
- An unusual ophthalmic presentation of inflammatory polyarticular gout. Gavali M, Irlapati RV, Rajasekhar L. IJRCl. 2015;3(1):V4 (1 January 2015) DOI: 10.15305/ijrci/v3i1/152
- Percutaneous transluminal angioplasty of complex aortoiliac occlusive disease

secondary to Takayasu's aortoarteritis in a young female. Jariwala P, Irlapati RV, Giragani S, Shaikh S. Indian Journal of Radiology and Imaging. 2020 Jul;30(03):405-8.

- A patient with recurrent fever–TRAPped for diagnosis! Boorugu HK, Irlapati RV, Jariwala PV, Jadhav KP. Current Medical Issues. 2022 Apr 1;20(2):104.
- Text Book Chapter Contributions:
- Treatment of Gout Beyond Allopurinol. Vara Prasad IR, Narsimulu G. Clinical Medicine Update 2010, Vol 13.
- Glucocorticoid induced osteoporosis. Dr Vara Prasad, Dr. G Narsimulu. Clinical medicine Update 2009 vol 12, Ch . 29, Pg 318-329.
- Mixed connective tissue disease. G. Narsimulu, Vara Prasad IR. Medicine Update 2010, Ch. 17.8, Pg 841-845.
- Mixed connective tissue disease and overlap syndromes (Pg 1876-1878). G. Narsimulu, Vara Prasad IR, API Textbook of Medicine 9th Edition. Editor Yp Munjal.
- Autoimmunity in Rheumatology. Liza Rajasekhar, I. Rajendra Vara Prasad. Manual of Rheumatology, 5th Edition, 2013, Pg 80-89.
- Acute Rheumatic Fever, Rajendra Vara Prasad Irlapati. Paediatric Rheumatology, 2nd Edition.
- Lab diagnosis in Rheumatology, ABC in Rheumatology 5th Edn. Marisa Fernandes Das Neves, Rajendra Vara Prasad Irlapati, David Isenberg. (invited article)
- Imaging in Vasculitis, Vasculitis Monogram. Rajendra Vara Prasad Irlapati, Keerthi Talari.
- Associate Editor, API-ICP Myositis Monograph, 2018

Profile URL: <https://www.yashodahospitals.com/doctor/somajiguda/rheumatology/dr-i-rajendra-vara-prasad/>