



Dr. Praful Kilaru

Qualification: MBBS, MS (Ortho) AO Fellow (Davos), Chm (Trauma)

Department: Arthroscopy & Sports Medicine, Orthopaedics

Designation: Senior Consultant Joint Replacement and Complex Trauma Surgeon

Languages: Telugu, Kannada, English, Hindi

Experience: 17 yrs

About the Doctor

Dr. Praful Kilaru is currently working as a Senior Consultant Joint Replacement and Complex Trauma Surgeon at Yashoda Hospitals, Malakpet

Educational Qualifications

- 2011: M.S.ORTHO, Dr.D.Y.Patil Medical College, Pune
- 2005: M.B.B.S, Kasturba Medical College, Mangalore

Experience

- Currently working as a Senior Orthopedic Consultant, Yashoda Hospitals, Malakpet
- 2022-2024: Senior Orthopaedic Consultant, Citizen American Oncology Institute & Hospital, Hyderabad
- 2018-2022: Head of Department of Trauma, Sunshine Hospital, Hyderabad
- 2014-2018: Senior Trauma and Joint Replacement Consultant, Sunshine Hospital, Hyderabad
- 2013-2014 : Junior Consultant in the Department of Arthroplasty and Orthopaedic

Trauma Sunshine Hospital, Hyderabad

- 2011-2013: Registrar in the Department of Arthroplasty and Trauma, Sunshine Hospital, Hyderabad

Services Offered

- Robotic and Conventional Knee Joint Replacement
- Hip Joint Replacement
- Complex Fractures like Pelvis and Scapula Fixation
- Diabetic Foot and Ankle Limb Salvage Surgeries
- Foot Deformity Corrections
- Ankle Deformity Corrections
- Revision Joint Replacement Surgeries
- Redo Fixation Surgeries for Failed Fracture Fixation
- Foot and Ankle Ligament & Tendon Repairs
- Knee and Shoulder Ligament Repairs and Reconstructions

Awards and Achievements

- Times Healthcare Achievers Award 2020—Best Emerging Orthopaedic Trauma Surgeon
- APAS Asia Pacific 2018 Best Award for Revision Knee Surgeries Publication
- EFORT European Federation of Orthopaedic Trauma 2019 Best Paper Presentation Award
- SICOT 2016 Italy: Gold Medal for Paper Presentation in Trauma

Professional Membership

- Member of AO Trauma Society
- Member of SICOT
- Member of Asian Association of Dynamic Osteosynthesis (AADO)

Research & Publications

- Osteochondroma of Scapula: Case Report. Dr. D.Y. Patil Medical Journal. 2010.
- Post Operative Cognitive Dysfunction in Indian Patients Undergoing Total Knee Replacement Under Spinal Anaesthesia, Anaesthesia: Essays And Researches 2018.
- Clinical Outcomes in Peri-articular Knee Fractures With Flexible Fixation Using Far Cortical Locking Screws in Locking Plate: A Prospective Study. Musculoskelet Surg. 2018 Jul 2. doi: 10.1007/s12306-018-0553-9.
- Minimally Invasive Fixation for Displaced Intra-Articular Fractures of the Calcaneum: A Short-Term Prospective Study On Functional And Radiological

