



Dr. Sai Thirumal Rao Veerla

Qualification: MS Orthopaedics, Diploma in Sports Medicine (International Olympic Committee), Fellowship in Arthroscopy & Sports Medicine (Cardiff, UK)

Department: Arthroscopy & Sports Medicine, Orthopaedics

Designation: Consultant Orthopaedic and Trauma Surgeon

Languages: English, Hindi, Telugu

Experience: 11 yrs

About the Doctor

Dr. Sai Thirumal Rao Veerla is a Consultant Orthopaedic and Arthroscopy Surgeon at Yashoda Hospitals, Hitec City with over 11 years of experience. Dr Sai Veerla is a fellowship trained Orthopaedic Surgeon with special emphasis on Arthroscopic surgeries and Sports Injuries. He specialises in dealing with Arthroscopic surgeries of the knee, shoulder and ankle joint, joint related issues and minimal access joint replacement surgeries and regenerative medicine. After completing his General Orthopaedic training in India, he completed his fellowship in Arthroscopy & Sports medicine from Cardiff – UK and Short Fellowship in Arthroplasty from Germany. He has a Diploma in Sports Medicine which is International Olympic Committee certified. His focus is to return you to the quality of life you desire using the latest methods of conservative care or surgical treatment. If surgery becomes the recommended option, he will use minimally invasive techniques with less risk and shorter recovery time. Dr Sai Veerla and his team strives at recognizing each patient's individual needs and desired outcomes while formulating an effective and personalized treatment plan with the highest quality care available. Dr Sai Veerla takes pride in having a genuine interest in each of his patients while providing them the utmost compassion and exceptional care.

Educational Qualifications

- Fellowship in Arthroscopy & Sports Medicine (Cardiff, UK)
- Fellowship in Arthroplasty (Germany)
- Diploma in Sports Medicine (International Olympic Committee)
- MS Orthopaedics
- MBBS

Experience

- Currently working as a Consultant Orthopaedic and Trauma Surgeon at Yashoda Hospitals, Hitec City.

Services Offered

- Minimally Invasive Trauma
- Arthroscopy Surgeries for Shoulder - Rotator Cuff Injuries, Labral Injuries & Instability (Dislocations)
- Arthroscopy Surgeries for Knee - Ligament injuries (ACL, PCL, MPFL, Meniscus injuries) Multiligament Injuries, Chondral/Cartilage injuries.
- Treatment for Frozen Shoulder/Adhesive Capsulitis - Conservative & Surgical (If required)
- Joint Replacement Surgeries - Traditional & Robotic
- Foot & Ankle Injuries
- Regenerative Medicine

Professional Membership

- Telangana Orthopaedic Surgeons Association (TOSA)
- Indian Arthroscopy Society (IAS)
- Indian Orthopaedic Association (IOA)
- International Society for Knowledge for Surgeons on Arthroscopy and Arthroplasty (ISKSA)
- AO Trauma
- Twin Cities Orthopaedic Association (TCOS)

Research & Publications

- Evaluation of Early Results of Total Knee Arthroplasty Using Rotating Platform (PS 150) High Flexion Knee
- Surgical Management of Closed Tendoachillies Ruptures and Evaluation of Results
- Management of Distal Tibial Pilon Fracture with Mippo