



Dr. Somnath Gupta

Qualification: MBBS, DNB Internal Medicine, MHSC Diabetology

Department: General Medicine

Designation: Consultant Physician & Diabetologist

Languages: English, Hindi, Telugu

Experience: 14 yrs

About the Doctor

Dr. Somnath Gupta is a Consultant Physician & Diabetologist at Yashoda Hospitals, Hitec City, with over 14 years of experience.

Educational Qualifications

- PGDED Post Graduate Diploma in Clinical Endocrinology & Diabetes (RCPUK)
- CCRJD, Fellowship in Rheumatology and Joint Disorders (Nanavathi)
- FIID Fellowship in Infectious Diseases, University of South Wales, Australia
- MHSC Diabetology, Annamalai University
- DNB Internal Medicine, KIMS, Secunderabad, MNAMS
- MBBS, NTR University

Experience

- Aug 2022-Present: Consultant Physician and Diabetologist, Yashoda Hospitals, Hitec City
- Aug 2014-Aug 2022: HOD Internal Medicine & MICU In-Charge, Pace Hospital, Hyderabad

Aug 2014-Jan 2017: Consultant General Medicine, Diabetologist & Infectious Diseases Specialist, Russh Hospitals, Secunderabad

- Dec 2012-Aug 2014: Junior Consultant, Department of General Medicine, KIMS, Hyderabad

Services Offered

- Handling of casualties & critically ill patients
- Geriatric Care
- Vast Clinical Experience in Handling ICU Patients
- Adult Vaccination
- Treatment and Management of
- HIV
- Tuberculosis
- Diabetes
- Hypertension
- Vertigo
- Thyroid Disorders
- Infectious Diseases
- Acid Base and Electrolyte Imbalances
- Rheumatology and Joint Related Disorders
- Allergy and Immunological Disorders
- Anemia and Blood Disorders
- Liver and Kidney Disorders
- Asthma and Obstructive Airway Diseases
- Obesity and Associated Comorbidities
- Gestational Diabetes and Pregnancy Induced Hypertension
- Pyrexia of Unknown Origin
- Unexplained Weight Loss
- Sepsis and MODS

Awards and Achievements

- Gold Medalist in Pathology and ENT (MBBS)

Professional Membership

- Member-Indian Medical Association
- Member-National Academy of Medical Sciences
- Member-Association of Physicians of India

Research & Publications

Published a paper titled, "Relation of Ankle Brachial Index in Diabetic Population" in JAPI

- Principal Investigator in Studies about Molnupiravir and Tocilizumab in Covid Patients
- Presented Papers in National Conferences on topics related to Diabetes, Hypertension, Thyroid Disorders, and Anemia
- Attended as Speaker in various Regional and National Conferences
- Glycemic Control and Disease Management Practices in Indian Type 2 Diabetic Patients with Atherosclerotic Cardiovascular Disease (ASCVD) Risk Factors and/or Established ASCVD (GLIDER Study)
- Physical Comorbidity and its Impact on Symptom Profile of Depression in Indian Setting (COSPO DEP 2)
- To Evaluate the Efficacy of a Combination Therapy of Montelukast and Levocetirizine in Patients with Asthma and Allergic Rhinitis
- Management of Constipation and Understanding the Prescription Pattern of Laxative Therapy (SMART 2)
- A Retrospective Observational Multicentric Study to Assess the Pattern of Utilization and Safety of Esomeprazole in Indian Patients with GERD (SEPAL)
- Real World Observational Study on Current Treatment Pattern in Various Neuropathic Pain Conditions-2 (RECAP 2)
- Assessment of ASCVD Risk Factors in Indian Patients Eligible for Statin Treatment and Assessment of Utilization of High Intensity Statin Therapy (MORE-HIS) - A Retrospective, Multicenter, Cross-Sectional Study
- Management of Chronic Constipation in Adults
- Perception and Management of NAFLD among Physicians
- A Retrospective, Observational, Multicentre Study to Assess the Usage Pattern and Safety of Rosuvastatin in Indian Patients with Dyslipidemia (ROSU-START)
- Evaluation of Drug Utilization Pattern of Rosuvastatin in Indian Hypertensive patients with Dyslipidemia with history of PCI or CABG for Coronary Artery Disease (ROSULEAD II Study)
- CCAS (Clinical consideration of antiplatelet and statin therapy in secondary prevention of stroke)
- Evaluation of Glycosylated Hemoglobin in Indian Diabetics on Therapy - A multicenter, retrospective, cross-sectional study (TIGHT-III Study)
- CHOICE P 2 (Real World Observational study to analyse the frequency and characteristics of Central and Peripheral Neuropathic Pain-2)