



Dr. Penmetsa Vijay Varma

Qualification: MD (General Medicine), DM (Nephrology)

Department: Nephrology

Designation: Consultant Nephrologist

Languages: English, Hindi, Telugu, Kannada

Experience: 16 yrs

About the Doctor

Dr. Penmetsa Vijay Varma is a Consultant Nephrologist at Yashoda Hospitals, Hitec City, with over 16 years of experience.

Educational Qualifications

- 2012-2015: DM (Nephrology), M S Ramaiah Medical College, Bangalore, Karnataka
- 2009-2012: MD (General Medicine), Kamineni Institute of Medical Sciences, Narketpally, Andhra Pradesh
- 2002- 2008: MBBS, Gandhi Medical College, Hyderabad

Experience

- 2022-Present: Consultant Nephrologist, Yashoda Hospitals, Hitec City
- May 2019: Consultant and HOD, Department of Nephrology, SLG Hospitals, Bachupally, Hyderabad
- 2015-2019: Consultant Nephrologist, Star Hospitals, Hyderabad

Services Offered

- Evaluation and Management of Acute, Acute-On-Chronic and Chronic Kidney Disease Patients
- Evaluation and Management of Rapidly Progressive Renal Failure Patients
- Screening for Kidney Diseases
- Management of Patients with Renal Involvement in Acute Care Settings
- Pre-Transplant Evaluation of Renal Transplant Recipients and Donors
- Immediate and Long Term Management of Patients Post Renal Transplantation
- Interventions in the Form of Femoral/Jugular Catheterization for Hemodialysis
- Insertion of Acute Peritoneal Dialysis Catheters and Management of Patients on Acute PD and CAPD
- Management of Pediatric Patients with Renal Failure with Conservative, Peritoneal or Hemodialysis and Renal Transplantation

Awards and Achievements

- Gold Medal from Dr NTR University of Health Sciences in MBBS final year
- 2nd Prize for Paper Presentation at a State Level Conference during post graduation (Annual NAK Conference, Bengaluru, 2014)
- Best Paper Award for Paper Presentation at a State Level Conference during postgraduation (Annual NAK Conference, Chikmagalur 2015)
- Successfully completed ISN-ANIO Clinical Nephropathology Certificate Programme (CNC) from March 1, 2014-January 31, 2015

Professional Membership

- Telangana Medical Council (Registration Number-60853)
- Karnataka Medical Council (Registration Number-105030)

Research & Publications

- Dissertation work during post-graduation: 'Study of clinical profile of dilated cardiomyopathy'
- Project work during the super speciality course: 'Histologic patterns of primary nephrotic syndrome in adults and their clinical outcome: a single centre study from south India'
- Eswarappa M, Vijay Varma, K.C. Gurudev. Use of steroid therapy in immunoglobulin A-dominant poststaphylococcal glomerulonephritis, Hong Kong Journal of Nephrology (2015) <http://dx.doi.org/10.1016/j.hkjn.2015.03.002>
- Mahesh Eswarappa, P. Vijay Varma, Rakesh Madhyastha, et al., "Unusual Fungal Infections in Renal Transplant Recipients," Case Reports in Transplantation, Vol. 2015, Article ID 292307, 4 pages, 2015. doi:10.1155/2015/292307

Gurudev Konana Chennabasappa, Sonika Puri, Vijay Varma, and Mahesh Eswarappa, "Unusual Causes of Abrupt Anuria Early Post-Renal Transplantation," Case Reports in Transplantation, Vol. 2015, Article ID 753159, 3 Pages, 2015. doi:10.1155/2015/753159

- E Mahesh, P Rakesh Madhyastha, Vijay Varma, KC Gurudev. Mucocutaneous and Visceral Leishmaniasis in Renal Transplant Patient from Nonendemic Region. Saudi J Kidney Dis Transpl 2016;27(5):1059-1062.
- Mahesh Eswarappa, P. Rakesh Madhyastha, Sonika Puri, Vijay Varma, Aneesh Bhandari & Gurudev Chennabassappa (2016). Postpartum acute kidney injury: a review of 99 cases, Renal Failure, 38:6, 889-893, DOI: 10.3109/0886022X.2016.1164015
- P. Vijay Varma, M. Rajasekara Chakravarthi, G Jyothsna. Hypertension in patients with chronic kidney disease, Hypertension Journal. January-March 2016;2(1):28-34.
- Gurudev Konana, Vijay Varma, Mahesh Eswarappa, Sonika Puri, Gireesh Mathihally, Rakesh Madhyastha, Sujeeth Reddy, Vijaya Mysorekar, Clement Wilfred. Histologic patterns of primary adult onset nephrotic syndrome and their clinical characteristics; a single center study from South India. J Nephropathol. 2017;6(4):304-308. DOI: 10.15171/jnp.2017.49
- Mahesh E, Puri S, Varma V, Madhyastha PR, Bande S, Gurudev KC. Pregnancy-related acute kidney injury: An analysis of 165 cases. Indian J Nephrol 2017;27:113-7. DOI:10.4103/0971-4065.194394

Profile URL: <https://www.yashodahospitals.com/doctor/hitec-city/nephrology/dr-penmetsa-vijay-varma/>