



Dr. Dilip Gude

Qualification: MBBS (OSM), DNB, MNAMS (General Medicine), MPH (USA)

Department: General Medicine

Designation: Senior Consultant Physician

Languages: English, Hindi, Telugu

Experience: 20 yrs

About the Doctor

Dr. Dilip Gude is a Senior Consultant Physician at Yashoda Hospitals, Somajiguda, with over 20 years of experience. He has a keen interest and expertise in treating metabolic illnesses like diabetes, obesity, hypertension, dengue, complex malaria, typhoid, sepsis, and septic shock of various etiologies, as well as controlling HIV, allergies, and immunological and haematological conditions.

Educational Qualifications

- 2021: Advanced Diabetology Certification, Harvard Medical Center, USA
- 2021: Strategic Center for Obesity Professional Education (SCOPE) by World Obesity Federation Certification
- 2019: Certified in Diabetes Prevention, Diabetic Retinopathy and Diabetes and Cardiovascular Disorders by International Diabetes Federation
- 2019: Certification program in 'GERD Management', Royal College of Physicians
- 2017: Diploma in Hypertension, Royal College of Physicians, UK
- 2017: Diploma in Indian Medical Law, New Delhi
- 2015: Post Graduate Diploma in Diabetology-Boston University, Massachusetts, USA

Masters Class in Clinical Endocrinology and Diabetes, Royal College of Physicians

- Certification Course in Rheumatology
- Fellowships in Intensive Care
- Fellowship in Diabetology (Gold Medalist)
- MPH (USA)
- MNAMS (General Medicine)
- DNB
- MBBS (OSM)

Experience

- 2021-Present: Senior Consultant Physician, Yashoda Hospitals, Somajiguda
- 2016-2021: Virinchi Hospital
- 2015-2016: Deccan College of Medical Sciences (Owaisi Hospital)
- 2012-2015: Princess Durru Shehvar Hospital
- 2009-2012: Medwin Hospital

Services Offered

- OP/IP/ICU Diabetes and Internal Medicine Care
- Expertise in Metabolic Disorders and Obesity Care
- Infectious Diseases
- HIV Care
- Rheumatology
- Critical Care
- Publishing Medical Literature

Awards and Achievements

- Times of India Young Achiever (General Medicine) Telugu States 2016, received at Novotel, Feb 2017
- Times of India Rising Star (General Medicine) Telugu States 2019, received at Novotel, Feb 2020
- Recipient RSSDI Diabetes Care Excellence Award 2019
- Outstanding Educator and Researcher in Internal Medicine and Critical Care: Indo Global Education Summit 2017/Indus Foundation
- Best Doctor-Diabetology (All India) 7th Medgate Today India Healthcare Awards 2017/International Healthcare Excellence Summit & Awards 2017
- Dr. Abdul Kalam Award for extensive relentless medical services during COVID waves, 2021
- "Vaidya Sree" for contribution toward medical field, elevating teaching standards,

innovating procedural techniques and advocating up-to-date practice-Mothers Heart Foundation; Received from MP Kottha Prabhakar Garu and Padmasree Prof. Kakarla Subba Rao Garu

- “Visishta Puraskar/Vaidya Ratna” Award from Honorable MP Shri Bandaru Dattatreya for unparalleled services in the field of medicine
- All India Best Young Faculty (Academic Brilliance Award-2013) by Education-Expo
- B Braun Medical Trust Scholarship for Internal Medicine (Topper 2012)

Professional Membership

- Association of Physicians of India
- Indian Medical Association
- Indian Society of Critical Care Medicine
- American College of Physicians
- American Association of Clinical Endocrinology
- Research Society for the Study of Diabetes in India

Research & Publications

- Principal Investigator, A Retrospective Study, "Validating the Effectiveness of Telmisartan in Hypertension Management with Covid-19 Study (Vigilant Covid Study)" Glenmark, 2021
- Principal Investigator, A 24 Week Prospective Non-Interventional Post-Marketing Surveillance Study on Adverse Events and Serious Adverse Events in Patients with Type 2 Diabetes Mellitus in India being started on Dulaglutide (Trulicity™) (H9X-IN-B012 (b)Lilly, 2020)
- Principal Investigator, Open Labelled Randomised Controlled Trial to Assess Safety and Efficacy of Convalescent Plasma to Limit Covid-19 Associated Complications in Moderate Diseases. Virinchi Hospital, 2020
- A Retrospective Observational Multicentre Study to Assess the Usage of Rabeprazole in Indian Patients with Acid Peptic Disease (Recline) 2021
- Lipids and risk markers in Indian population (LipiMAP)-A multicenter cross sectional study; Sun, 2020
- A cross sectional (baseline) and observational real world study on newly diagnosed patients with type 2 diabetes in India. Eris 2021
- Long-term prognostic risk of coronary heart disease and stroke in Type 2 diabetic patients in India-Legacy Study, Sun 2020
- Measurement of ASCVD risk parameters in Indian patients eligible for statin treatment and assessment of High Intensity Statin Therapy (MORE-HIS)-A retrospective, multicenter cross-sectional study, Sun 2020
- Real world experience of Glimepiride/Metformin/Voglibose as a triple drug fixed dose combination in management of Type 2 diabetes mellitus with complications in Indian setting (Tricom) Abiogenesis, 2020

A Retrospective, Observational, Multicentre Study to Assess the Utilization Pattern of Fixed Dose Combination of Vildagliptin and Metformin in Indian Patients with Type 2 Diabetes Mellitus (ACTION study) 2020

- A Retrospective, Observational, Multicentre Study to access the usage pattern of Rosuvastatin in Indian patients with dyslipidemia” (Metro Study) Torrent 2020
- A retrospective multicenter observational study to assess the usage of Dabigatran in Indian patients with deep vein thrombosis and pulmonary embolism (Divine Study) Torrent, 2019
- Investigator, A Retrospective Observational Multicentre Study to Assess the Usage Pattern of Rosuvastatin in Indian Dyslipidemia patients (Radiate Study) 2019, Torrent.
- Investigator, A prospective postmarketing surveillance study to assess safety and effectiveness of Remogliflozin and Remogliflozin+Metformin fixed dose combination in management of Type 2 Diabetes Mellitus patients in real world setting (Remolution);
- Real world observational study of Glimepiride/Metformin along with Insulin in management of type 2 diabetes mellitus: Indian experience (REAL GGP-INS) USV 2019
- Investigator, Evolve study; observation & evaluation of Evogliptin glycemic level in diabetes, Valera, Alkem, 2019
- Investigator, A retrospective observational multicentre study to assess the usage pattern of Losartan in hypertensive patients (Pulse study), Torrent, 2019
- Investigator, Synergy study on voglibose, glimepiride, metformin combination; Torrent 2019
- A Retrospective, Observational, Multicentre Study to Assess the Utilization Pattern of Fixed Dose Combination of Teneligliptin and Metformin in Indian Patients with Type 2 Diabetes Mellitus” (Unite Study) Torrent, 2019
- Gude D, Chennamsetty S, Jha R, Narayan G. Primary amyloidosis treated with continuous ambulatory peritoneal dialysis. Saudi J Kidney Dis Transpl 2012;23:1285-7
- Gude D, Jha R. Acute kidney injury following cardiac surgery. Ann Card Anaesth. 2012 Oct-Dec;15(4):279-86
- Gude D, Chennamsetty S, Jha R, Bopparaju SR. APLA in postpartum renal cortical necrosis, another skeleton in the closet. Saudi J Kidney Dis Transpl 2013;24:141-3
- Jha R, Gude D, Chennamsetty S. Non-hemorrhagic dengue fever with rhabdomyolysis. Saudi J Kidney Dis Transpl 2013;24:1207-9
- Gude D, Bansal DP, Chennamsetty S, Jha R. The culprits behind a hyper-intense spleen. Asian J Transfus Sci 2011;5:186-7
- Gude D, Rayudu BR, Bansal D, Sashidhar C. Revisiting fetus-in-fetu. Ann Saudi Med. 2012 Jul-Aug;32(4):427-9
- Gude D. The TWEAK-FN14 axis: Opening new doors. Indian J Med Sci 2010;64:49
- Gude D. Fighting microbes the 'Nano' way. J Pharm Bioall Sci 2011;3:317-8

Gude D. To 'umbrella' the gonads in transfusion rain. *J Hum Reprod Sci* 2011;4:60-1

- Gude D. Hair growth-combing through the various determinants. *Int J Trichol* 2010;2:119-20
- Gude D. Battling chemotherapy-induced nausea and vomiting in cancer palliative care. *Indian J Palliat Care* 2011;17:78-9
- Gude D. Iptakalim: The new hope on the horizon. *Chron Young Sci* 2010;1:51-2
- Gude D. Heart and ECMO: Are we ready?. *Ann Card Anaesth* 2011;14:161-2
- Gude D. Remembering what's new in Alzheimer's management. *J Pharmacol Pharmacother.* 2011 Jul;2(3):194-5
- Gude D. Alopecia areata-probing the deforestation. *Int J Trichology.* 2011 Jan;3(1):41-2
- Gude D. Circumcision in India: taking the road less traveled. *Indian J Public Health.* 2010 Oct-Dec;54(4):228
- Gude D. Waking up to modafinil in shift work sleep disorder. *Ind Psychiatry J* 2011;20:145
- Gude D. Thyroid and its indispensability in fertility. *J Hum Reprod Sci.* 2011 Jan;4(1):59-60
- Gude D. Remifentanyl: much ado about something. *Ann Card Anaesth.* 2011 Sep-Dec;14(3):242-3
- Gude D, Chennamsetty S, Jha R. Deciphering Alport syndrome. *Saudi J Kidney Dis Transpl.* 2013 Mar;24(2):376-8
- Gude D, Chinnam GS, Bansal DP. An uncommon catastrophe associated with methotrexate. *J Postgrad Med.* 2011 Jul-Sep;57(3):261-2
- Gude D, Rayudu R, Bansal D. How pseudo is an inflammatory pseudotumor? *Indian J Med Paediatr Oncol.* 2011 Oct;32(4):204-6
- Gude D. Endocrine disruptors: Ubiquitous, yet less known. *Indian J Endocrinol Metab.* 2011 Apr;15(2):143-4.
- Gude D, Chennamsetty S, Narayan G, Jha R. Another face of type-1 diabetes. *Saudi J Kidney Dis Transpl.* 2013 May;24(3):598-9.
- Gude D, Chennamsetty S, Jha R. Stalwart approach to stall wart. *Indian J Palliat Care.* 2011 May;17(2):168-9.
- Gude D, Bansal DP. Skin in the spectrum of mycoplasma infections. *Ann Trop Med Public Health* 2011;4:151-2
- Gude D Epilepsy, anti-epileptic drugs and bone health in children. *J Pediatr Neurosci.* 2011 Jan;6(1):93
- Gude D Eyeing non-alcoholic fatty liver disease: The noninvasive way. *Int J Appl Basic Med Res.* 2011 Jul;1(2):127-8.
- Gude D, Byrapaneni RB. Ischemia modified albumin; Does it bolster our diagnostic ammunition? *Indian J Anaesth* 2011, 55(4):408-411
- Gude D, Chennamsetty S, Bansal DP, Jha R. Transverse myelitis in antiphospholipid antibody negative systemic lupus erythematosus. *J Indian Med Assoc* 2013. 111(6): 406-7

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 - Jha R, Gude D, Narayan G, Mandal S N, Gupta P C. Reversible dialysis-dependent renal failure due to undiagnosed renovascular disease. *Indian J Nephrol* 2012;22:314-7
 - Gude D. Perioperative blood pressure management: walking a tightrope. *Ann Card Anaesth.* 2011 Sep-Dec;14(3):243-4
 - Gude D, Chennamsetty S, Jha R, Rajitha K. Dressing up to phenytoin. *Indian J Pharmacol.* 2011 Sep;43(5):617-8
 - Gude D. Stories that hair can tell. *Int J Trichology.* 2011 Jul;3(2):127-8.
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 - Gude D, Bansal DP, Padsalgi G, Kotari HR. The early bird catches the worm. *Inventi Rapid: Infection* 2011; 2011(1):hif003
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 - Gude D. How full is our antihypertensive pipeline? *J Pharmacol Pharmacother.* 2012 Jan;3(1):7-11.
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 - Rentachintala VV, Gude D, Byrapaneni RB. An Underrated Facet of Takayasu Arteritis. *Inventi Rapid: Imaging* 2011;2011(3)him002
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- Gude D. Vitiligo: Newer insights in pathophysiology and treatment. Indian J Paediatr Dermatol 2012;13:27-33
- Bansal DP, Gude D, Padsalgi G, Patle S. A faceless nemesis: Systemic sclerosis sine scleroderma. Indian J Rheumatol. 2012;7(1)57-8
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- Gude D, Bansal DP. Revisiting endosulfan. J Fam Med Primary Care 2012;1:76-8
- Gude D, Bansal DP, Kotari HR. An unusual case of double jeopardy. Ann Trop Med Public Health 2013;6:125-7
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- Gude D, Bansal DP, Patle S, Naveed S. Marfan syndrome: Exploring its jurisdiction. Int J Health Allied Sci 2012;1:29-31
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- Gude D, Bansal DP, Ambegaonkar R, Prajapati J. Paraphenylenediamine: Blackening more than just hair. J Res Med Sci. 2012 Jun; 17(6): 584–586.
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- Gude D, Zubair MA, Abbas A, Jha R, Mohiuddin H. Raised cardiac enzymes in sepsis with renal failure: An encompassing umbrella or a masquerader?. J Sci Soc 2014;41:140-2
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- Gude D, Abbas A, Jha R. ABO discrepancy-Peeling the camouflage off. International Journal of Clinical Cases and Investigations 2012;4(4):9-11.
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- Gude D. A new antibiotic incarnation. Inventi Rapid: Pharmacy Practice 2011;2(1):056
- Gude D. Markers of cholesteatoma: Hearing is believing!. Indian J Otol 2012;18:224-5
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- Gude D, Biradar K, Chandrakala C. Managing gallbladder ascariasis: To go full throttle or not!. Int J Health Allied Sci 2013;2:56-7
- Gude D, Sawant C, Abbas A. Subclavian catheter tip in the contralateral vein: An unwanted 'necklace'. J Sci Soc 2013;40:57-8
- Gude D, Abbas A, Zubair M. The curious case of ageing. Int J Health Allied Sci 2013;2:43-5
- Gude D. Angiotensin-converting enzyme inhibitors in lipid metabolism and atherosclerosis: An ace up the sleeve?. J Sci Soc 2014;41:59-60

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