



Dr. Shanti Mohan K

Qualification: MBBS(Osm), MD (Psychiatry) AIIMS, New Delhi

Department: Psychiatry

Designation: Consultant Psychiatrist

Languages: English, Hindi, Telugu

Experience: 8 yrs

About the Doctor

Dr. Shanti Mohan K is one of the best Consultant Psychiatrists with immense knowledge and experience in treating all types of psychological issues with utmost proficiency. He has a keen interest and expertise in the management of anxiety disorders, schizophrenia, bipolar affective disorders, obsessive-compulsive disorders, psycho-somatic disorders, and alcohol use disorders.

Educational Qualifications

- July 2015-June 2018: Doctor of Medicine (MD) Psychiatry, All India Institute of Medical Sciences, New Delhi
- Aug 2007-Mar 2013: Bachelor of Medicine and Bachelor of Surgery (MBBS), Osmania Medical College, Hyderabad

Experience

- 2021-Present: Consultant Psychiatrist, Yashoda Hospitals, Secunderabad
- Oct 2020-May 2021: Assistant Professor, Department of Psychiatry, MNR Medical College & Hospital, Sangareddy, Telangana
- Aug 2019-Aug 2020: Senior Resident, Institute of Mental Health, Department of

Psychiatry, Osmania Medical College, Hyderabad

- Aug 2018-Aug 2019: Senior Resident, Department of Psychiatry, Gandhi Medical College, Hyderabad
- July 2015-June 2018: Junior Resident, Department of Psychiatry, AIIMS, New Delhi

Services Offered

- Depressive Disorders
- Suicide
- Anxiety Disorders
- Panic Disorder
- Sleep Disorders
- Headaches
- Schizophrenia
- Psychosis
- Delusional Disorders
- Bipolar Affective Disorders
- Obsessive-Compulsive Disorder (OCD)
- Addiction Disorders (Alcohol, Tobacco and Other Drugs)
- Psychosomatic Disorders
- Sexual Disorders
- Child Psychiatry
- Psychotherapy

Awards and Achievements

- “Poduvu Chinnareddy Venkataramamma Award” for the Best Research Paper during the 5th Annual Conference of Indian Psychiatric Society, Telangana State Branch, 2019

Professional Membership

- Indian Psychiatric Society
- Indian Association of Social Psychiatry
- Telangana Psychiatric Society
- Hyderabad Psychiatric Society

Research & Publications

- Bheemireddy R, Kethawath SM, Pingali S, Molanguri U. Early-onset anorexia nervosa with psychotic symptoms: A case report. Indian J Psychiatry

- Swetha P, Kethawath SM, Rao SS. Tobacco use and its clinical correlates among psychiatric in-patients at a tertiary care psychiatric hospital: A cross-sectional study. *Telangana J Psychiatry*. 2020;6(2):130-136
- Krishna BC, Kethawath SM, Pingali S, Umashankar M. Depersonalization-derealization syndrome: A case report. *Telangana J Psychiatry*. 2020;6(2):185-186
- Kethawath SM, Jain R, Dhawan A, Sarkar S, Kumar M. An Observational Study of Serum Brain-Derived Neurotrophic Factor Levels in Patients with Alcohol Dependence during Withdrawal. *Journal of Psychoactive Drugs*. 2020 Aug 6:1-7
- Kethawath SM, Pingali S, Kante SL, Molangur U. Mental health literacy about depression among medical students at a tertiary care hospital in South India. *Telangana J Psychiatry*. 2020;6(1):9-13
- Kethawath SM, Jain R, Dhawan A, Sarkar S. A review of peripheral brain-derived neurotrophic factor levels in alcohol-dependent patients: Current understanding. *Indian J Psychiatry* 2020; 62:15-20
- Kethawath SM, Jain R, Dhawan A, Sarkar S. Trajectory of liver function tests during the initial alcohol detoxification period: A preliminary analysis. *Indian J Psychiatry*. 2020 Mar;62(2):225
- Shanti Mohan K, Jain R, Dhawan A, Sarkar S, A Study of Serum Brain-Derived Neurotrophic Factor Levels in Patients with Alcohol Dependence during Withdrawal (Paper Presentation). XX1 Annual Meeting of the International Society of Addiction Medicine (ISAM), New Delhi, Nov 2019
- Shanti Mohan K, Srilakshmi P, Umashankar M, Exploratory study on Pathways to care among Alcohol Dependent patients attending a tertiary care hospital (Paper presentation). XX1 Annual Meeting of the International Society of Addiction Medicine (ISAM), New Delhi, Nov 2019
- Sarkar S, Jain R, Kethawath SM, Gupta R, Kumar M. Serum BDNF levels in patients with opioid dependence during the early withdrawal period: A case-control study. *Neurosci Lett*. 2018 May 31;681:100-104
- Shanti Mohan K, Jain R, Dhawan A, Sarkar S, Changes in liver function enzymes over the course of alcohol detoxification (Paper Presentation) 1st National Conference on Addiction Psychiatry (NCAP), New Delhi, 2017
- Shanti Mohan K, Kumar S, Deb K, Hans G. "Normative Uncertainty": a case report, (Poster Presentation) IPS North zone, New Delhi, 2017